

## *Adult Packing List*

*Because of limited space we ask you to pack the following items only.*

### Personal Items:

**Modest clothing is required. We serve as an example for student members.**

- Work clothes that can get ruined in case your team is painting, etc.
- Work shoes/boots/tennis shoes
- Change of comfortable clothes for evenings, appropriate for Mass
- Casual shoes
- Flip flops for shower usage
- Jacket/hoodie
- Swimsuit (one piece for girls, tankini or dark colored t-shirt to cover)
- Bath towel & Beach towel
- Medicines & Toiletries for showers
- Hat/cap, anti bacterial wipes, bug spray & sunscreen
- Bedding (sleeping bag, sheets, pillow, etc) Twin size air mattress (can find on Amazon)
- May need extension cords for charging phones
- Reusable drinking bottles
- Money for meals to and from our destination
- Rosary and Bible and optional journal-make sure names are on all items
- **COPY OF MEDICAL INSURANCE CARD**

### Donations:

To assist with food for the week we ask all adult volunteers to help provide fresh fruits and vegetables. Please pack food items separately. We will gather these the morning of the event.

- Adults under 30 bring fresh veggies
- Adults over 30 bring fresh fruit

### Morning of Departure

All vehicle leaders will be responsible for assisting with student check-in and loading luggage.

***Please be sure to label all personal items with your name.***